

QA Level 3 Award in

# Health and Safety in the Workplace (RQF)

3 day  
courseOfqual  
regulatedRefresher training  
recommended every 3 years

## Is Your Workplace Safe?

**Did you know that 30.7 million working days were lost due to work-related illnesses and workplace injury in 2017/18?**

The **QA Level 3 Award in Health and Safety in the Workplace (RQF)** is a regulated and nationally recognised qualification designed to provide candidates with a more advanced understanding of health and safety.

Ideal for those who work, or intend to work at a supervisory or management level, this 3 day course covers a range of health and safety topics, including: workplace legal requirements, the benefits of using a health and safety system, principles of risk assessment and the risks and control methods for common workplace hazards.

Successful candidates will leave with a greater understanding of health and safety in the workplace, enabling them to help maintain a safer working environment.

## What's Covered?

- ⚠ Health and safety legal requirements
- ⚠ Roles and responsibilities of employers
- ⚠ Demonstrating best practice for health and safety compliance
- ⚠ Communicating health and safety information
- ⚠ Definition of key health and safety terms
- ⚠ Main causes of injuries and ill health at work
- ⚠ Safety management systems:
  - Costs associated with accidents and ill health
  - Key elements of safety management systems
  - Benefits of using a safety management system
- ⚠ Principles of risk assessment:
  - Benefits of assessing and controlling risks
  - Types of risk assessment
  - Where risk assessments should be used
  - Steps needed to complete a simple risk assessment
- ⚠ Risks and control methods for common workplace hazards:
  - Occupational, environmental, human and organisational factors
  - Injuries, ill health and other damage that can occur
  - Identifying risk control measures using the hierarchy of control
- ⚠ Procedures for responding to accidents and incidents
- ⚠ Investigation techniques for revealing immediate and root causes

**Book Now with**

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